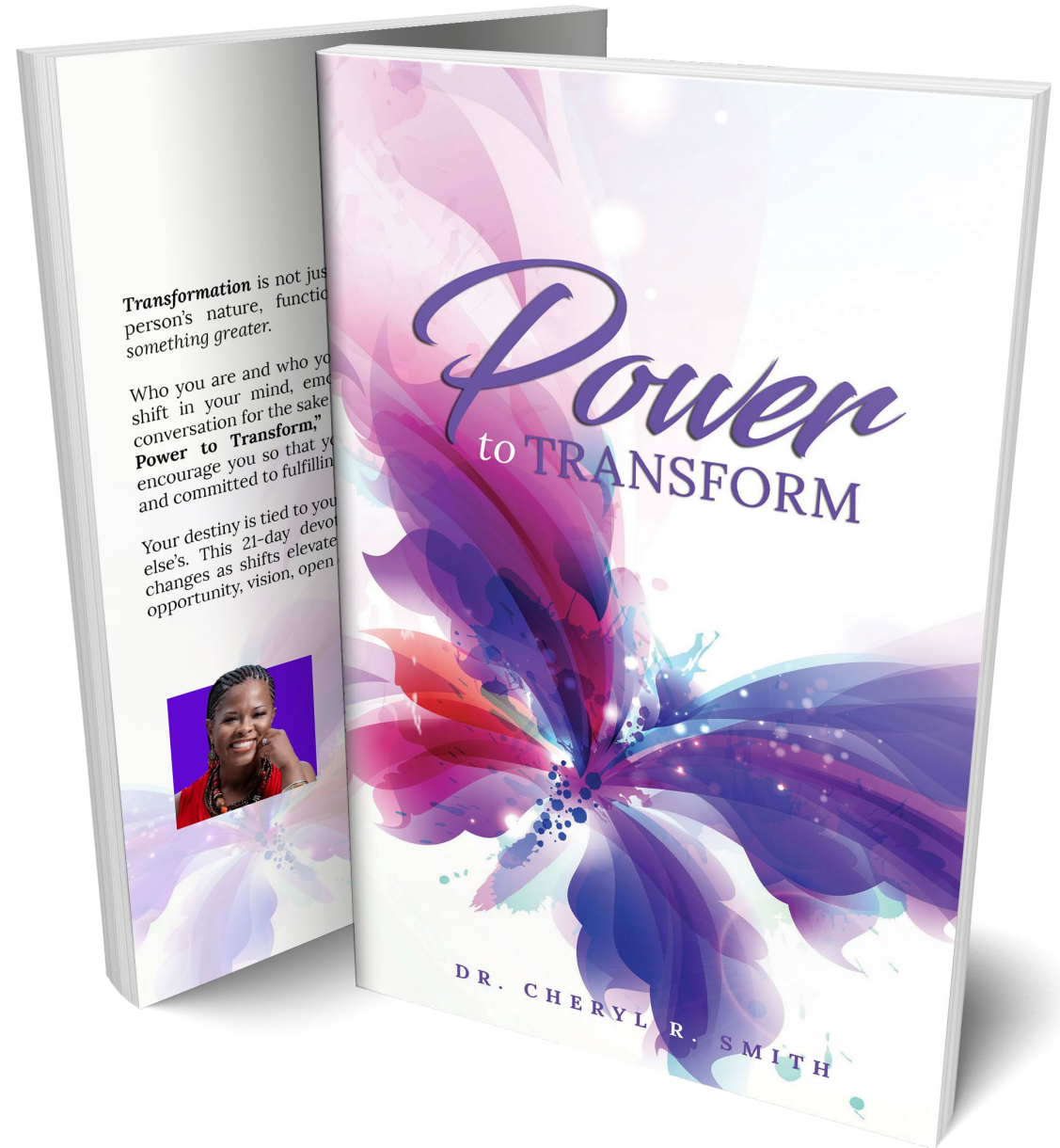


# The Transformation Series Key Points from Session 1

Power to Transform

Facilitator: Bishop Cheryl Smith





Session 1

**Key Points**

What does it mean to transform?

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**To change**

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**To change the nature,  
function, or disposition of**

What does  
Transformation  
require?

A SHIFT IN WHAT YOU GIVE

SOMETHING THAT ISN'T  
ALWAYS COMFORTABLE

CUTTING

FAITH

**Key Point:**

Transformation requires  
you to deal with:  
the matters of the heart  
and  
the hangups of the soul.



## Key Point:

Heart issues are also connected to Soul issues.



When we don't take care of our souls, we become led by our feelings.

Key Point

**Real transformation requires  
real honesty. If you want to  
move forward – get real with  
yourself.**

**BRYANT MCGILL**

EVERYDAYPOWER

A red speech bubble graphic with a white outline, containing the text 'Transformational Truth'. The bubble has a tail pointing downwards and to the right.

## Transformational Truth

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Until you deal with the brokenness in your life, you will not be able to embrace all that God and life has for you.

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If you are going to be transformed, you have to deal with the matters of the **heart and soul.**

Key Point  
3 Things you  
must do to  
Embrace change:

**Acknowledge**- You  
can't fix what you  
won't face.

**Identify**- You've got  
to know what shifted  
as a result of pain.

**Own**- You are not  
responsible for your  
hurt, but you are  
responsible for your  
healing.

Key Point: Transformation  
requires you to  
acknowledge, own, and  
identify :



**Where is the hurt in your  
life and what are you doing  
about it?**

# Homework

- Make sure to complete **Phase 1** of the Transformation Reflection Assessment.
- For those with the book read pages 9-25 in The Power to Transform.
- Identify areas in your life where your faith has been “wounded”. Those are your Lazarus moments. Take a moment and write those down. Where is the hurt in your life if any and what have you done to heal? Write that down.
- **The healing process begins with acknowledging and identifying it. Pray about those areas and for strategy on how to deal with them so that God can reveal himself to you and begin to transform you.**