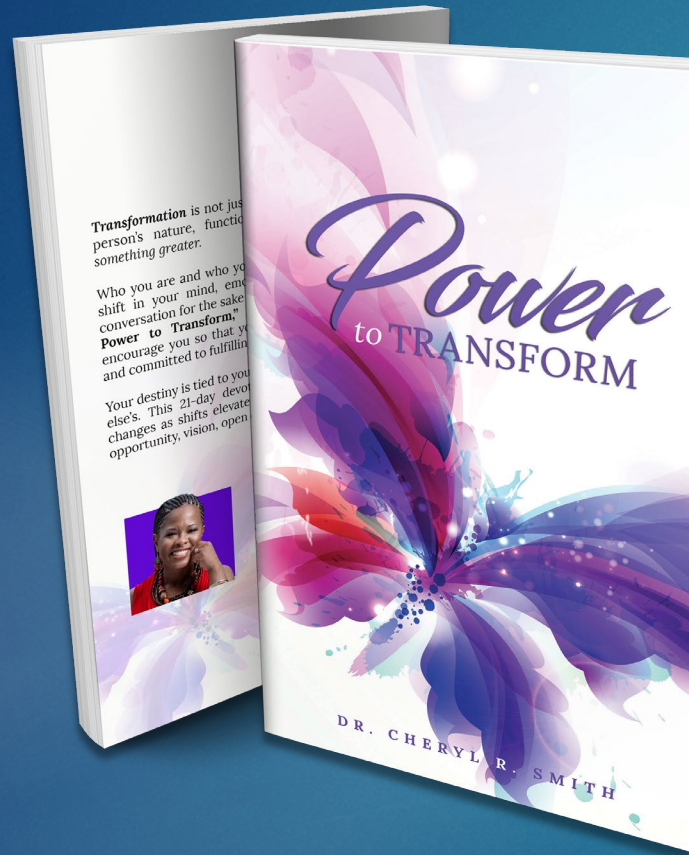




The Transformation Series Key Points

SESSION 6

POWER TO TRANSFORM

FACILITATOR: BISHOP CHERYL SMITH

Follow-up from Previous Class



Stretching can be painful, but it's necessary. –
(II Corinthians 4:8-9)



It denotes that you have to go through
something.



You have to be willing to endure the
stretching and not focus on the pain, but on
what it is producing.



Stretchmarks are marks that remain visible
after trauma and often times have their origin
in pain. – (II Timothy 2:12)



Your marks don't show your defeat or
imperfections they reflect your survival.

Reflect on the Purpose of Your Stretching

Where is God stretching you in your Life?

Why is God stretching you?

Where do you spend your time? Do the things that fill up your day really matter?

Where are you most productive?

Where are you wasting time?

Isaiah 26:15 (MSG) "The more life you give the more glory you display and stretch the borders to accommodate more living."

What is your story?

It is who you
are and what
makes you
who you are.

Insight into your
character and
your journey

The sum of your
experiences



What hinders your story?

Life

Fears

Hurt

Disappointments

Rejection

insecurities

Why is your story important?

- ▶ **Somebody needs your story to live or to just keep moving.** Quitting and giving up can not be an option.
- ▶ **Your story was intended to help somebody else – Acts 16 (Paul & Silas)** – Somebody's deliverance is connected to you!
- ▶ There are moments where **"I can't tell my story without you."** – Acts 16
- ▶ **You are the Answer so be it!**

Transformation reminds you of who you were created to be.



So be it!



Do It!



**Run with it!- Habakkuk
2:2**



**“Write the vision, make
it plain upon tables that
they may run that read
it..”**

Transformation requires us to:

- ▶ Stop making excuses and be who you have been called to be!
- ▶ Embrace your identity – Know who you are
- ▶ Know that God is trying to get us to understand who we were born to be.

After-Class Follow up

- ▶ Journal about what you have learned from this study and what are your next steps. How will you put what you've learned into action?
- ▶ If you have access to the book read pages 95-97 in the The Power to Transform. (paperback version) & pages 90- 91 in digital version)
- ▶ Answer the reflection questions on pages 94 and 98. (paperback version) ; pages 89 & 92 (digital version)